

A Guide to Wellbeing

Examining the specialties and celebrating the achievements of the Commonwealth's health care professionals.

In this challenging time, health care is more important than ever. Fortunately, Virginia has some of the best doctors and hospitals in the country, from cardiac care and oncology to coronavirus treatment and research. The editors of *Virginia Living* have examined the state's hospital systems to recognize 49 hospitals for excellence and innovation. We've also compiled a list of the hospitals' specialties to help you choose the local facility best able to treat your specific symptoms. Help us celebrate Virginia's health professionals, even as you rest assured that you're in good hands.

By Victoria Drake, Abigale Evans, Christian Robinson, Markus Schmidt, Sandra Shelley, and Margaret Wadsworth



Augusta Health

Fishersville

AugustaHealth.com, 540-332-4000

Augusta Health has finished its emergency department expansion and renovation project and now boasts 48 large private treatment rooms. The hospital also offers an AMI (Allegheny Mountain Institute) Farm which provides locally grown produce for patients, employees, and community visitors. Community members can sign up to volunteer at the farm to help AMI and Augusta Health reach their goals of providing nutrient rich food to patients.

Bon Secours DePaul Medical Center

Norfolk

BonSecours.com, 757-889-5000

Two doctors from DePaul Medical Center at Bon Secours were featured on WTKR's Coast Live last year to educate the public about Breast Cancer Awareness Month. In three interviews, Dr. Stephanie Repole and Dr. Byers Bowen discussed the importance of breast cancer screening, giving an overview about how genetics play a role, and clearing up any confusion about breast cancer surgery.

Bon Secours Mary Immaculate Hospital

Newport News

BonSecours.com, 757-886-6000

Dr. Jeffrey Carlson of Bon Secours Mary Immaculate Hospital in 2019 was the first surgeon in Central and Eastern Virginia to implant the M6-C Artificial Cervical Disk. During the procedure this device was inserted through a small incision on the front of the neck after removal of the patient's native disc. The surgery allowed for a speedy recovery with minimal limitations for the 53-year old female patient.

Bon Secours Maryview Medical Center

Portsmouth

BonSecours.com, 757-398-2200

Dr. Chad McKenzie performed the second TransCarotid artery revascularization ever done at Bon Secours Maryview Medical Center on patient Dorothy Heron in July 2019. The surgery reduces the risk of stroke, minimizes incisions and scarring, and it shortens recovery time. A stent is inserted where the artery is blocked while blood flow from the body is redirected. The surgery had a successful outcome and Heron was sent home healthy after two days.

Bon Secours Memorial Regional Medical Center

Mechanicsville

BonSecours.com, 804-764-6000

Bon Secours Memorial Regional Medical Center is the first in Virginia to offer artificial intelligence stroke software in order to spot early signs of a stroke. By partnering with Viz.ai, they gain access to software that detects suspected large vessel occlusion strokes, which allows neurovascular specialists to initiate earlier imaging review. The hospital also now offers robotic-assisted joint replacement surgery for patients which includes partial knee, total knee, and total hip replacements.

Bon Secours St. Francis Medical Center

Midlothian

BonSecours.com, 804-594-7300

In February the new emergency department broke ground at Bon Secours St. Francis Medical Center. The \$41-million, 45,000-square-foot facility will increase the emergency room's capacity from 18 to 42 rooms. St. Francis is also increasing its bed capacity with an addition of 55 acute care beds and is projected to be 110,000 square feet.

Bon Secours St. Mary's Hospital

Richmond

BonSecours.com, 804-285-2011

Bon Secours St. Mary's Hospital now offers an enhanced recovery after surgery (ERAS) program designed to reduce the duration of a patient's stay at the hospital and enhance their quality of life. This program promotes an active road to recovery, where patients are up out of bed and walking around even the night following the surgery. It shows promising results with most patients being released two days quicker than those without the program.

Carilion Children's Hospital

Roanoke

CarilionClinic.org, 540-266-5437

Carilion Children's Hospital leased 150,000 square feet of space in the Tanglewood Mall to serve as outpatient space. The facility will eventually house other clinical practices in the future as well. This expansion will cost more than \$30 million and will strive to provide the best possible medical care for children in the Roanoke area.

Centra Lynchburg General Hospital

Lynchburg

CentraHealth.com, 434-200-3000

Centra Lynchburg Hospital has installed two hydroponic greenhouses designed to provide the hospital with fresh greens from local sources all year long which are made available to patients and staff. Some of the produce includes red leaf, spring mix, bibb, and romaine. Chef Tim Schoonmaker is in charge of this operation, checking the harvest times of the plants using an online app.

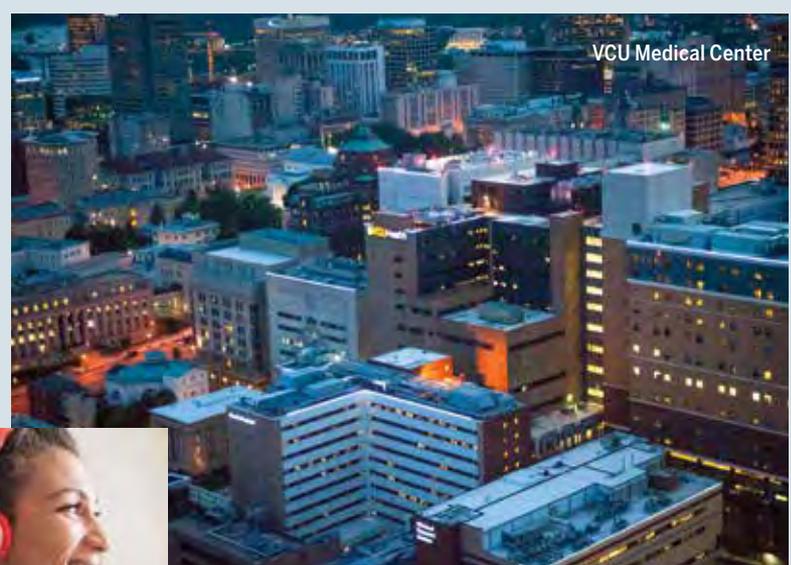
Airing Out

VCU Health experts answer your most pressing questions in their new podcast.



Whether they do it while driving to work, pedaling away at the gym, or chilling out at home, more than 100 million people in the U.S. tune in to podcasts each month. To reach this rapidly growing audience, VCU Health has debuted its new Healthy with VCU Health.

Hosted by Bill Klaproth and Scott Webb, the podcast debuted in October 2019. The seven- to eight-minute segments feature Q and A's with doctors and others on a wide range of subjects, from reducing your risk of heart disease and addressing sports injuries to innovative treatments for cancer. Listeners can even suggest topics.



VCU Medical Center

"The feedback has been quite good," says Marcos Irigaray, chief of communications, marketing and

enterprise analytics for VCU Health. During the height of the COVID-19 pandemic in

March, about 2,000 listeners downloaded the most popular show, "Why and How We Should Flatten the Curve," with Dr. Gonzalo Bearman. In June, the show was one of three to receive a Provider Podcast of the Year Award by the Medigy Healthcare and IT Marketing Community. VCUHealth.org



Chesapeake Regional Medical Center

Chesapeake

ChesapeakeRegional.com, 757-312-8121

In January, Chesapeake Regional Medical Center kicked off its Master Facility and Expansion Project with a groundbreaking ceremony. The renovated medical center campus aims to ensure the continuation of state-of-the-art, patient-centered care for present and future generations. This project comes with a price tag of \$85 million. The hospital also launched the Healing Opportunities Providing Empowerment (HOPE) program which supports victims of interpersonal violence. This program links victims with community resources and is the first of its kind.

Children's Hospital of Richmond at VCU

Richmond

CHRichmond.org, 804-828-2467

Construction for the new inpatient tower at the Children's Hospital of Richmond at VCU is still on track to be completed by the end of 2022. This new facility is connected to the hospital's outpatient Children's Pavilion and will house emergency and trauma care, inpatient units, family amenities, and spaces for education, research, and play. It will complete an entire city block dedicated to caring for children and families.

Children's Hospital of the King's Daughters

Norfolk

CHKD.org, 757-668-7000

Surgeons at the Children's Hospital of the King's Daughters have performed a new Piccolo Heart Procedure on premature babies, where a self-expanding wire mesh device is inserted through a small incision in the leg and guided up to vessels in the heart to help them close. The hospital also features ZeroG technology in its rehab unit, a device which suspends patients from a track on the ceiling and allows them to walk without fear of falling.

Chippenham Hospital

Richmond

ChippenhamMed.com, 804-483-0000

Chippenham Hospital is using telehealth technology so physicians specializing in maternal-fetal medicine and the treatment of high-risk pregnancies can remotely treat patients they are unable to see in person. The hospital is the first in the region to

bring such care to high-risk maternal patients. In addition, Healthgrades has named the hospital a 5-Star recipient for vaginal delivery for the fourth year in a row.

Fauquier Health

Warrenton

FauquierHealth.org, 540-316-5000

Fauquier Health installed a \$1.8 million da Vinci Xi Surgical System in February, as well as acquiring a new spine robot, the ExcelsiusGPS. The latter makes surgery safer by improving visualization of patient anatomy and streamlining surgical workflow. Also, the hospital was recently awarded an "A" in the Spring 2020 Leapfrog Hospital Safety Grade, a national distinction recognizing achievements that provide safer healthcare.

Henrico Doctors' Hospital

Richmond

HenricoDoctors.com, 804-289-4500

Dr. Cecelia Boardman, a gynecologist oncologist at Henrico Doctors' Hospital, has performed the 10,000th robotic surgical case at the facility. The procedure, a right ovarian cystectomy, marks a milestone for the hospital's minimally invasive robotic surgeries. The hospital also received verification as a Level II trauma center, which recognizes its optimal care for injured patients. It is also the first medical center in Central Virginia to offer an autism and sensory-friendly pediatric ER and hospital.

Inova Alexandria Hospital

Alexandria

Inova.org, 703-504-3000

Inova Alexandria Hospital has added new surgical equipment to its operating room, including an O-Arm imaging tool, an imaging device that creates a 360-degree image, and the da Vinci Surgical system, an agile robotic arm that assists in surgeries. The hospital is also trialing different surgical procedures with lasers to identify those with the least recovery times and manipulation of tissues. There are also expansion plans to build a new hospital in Springfield.

Inova Fairfax Hospital

Falls Church

Inova.org, 703-776-4001

The Inova Schar Cancer Institute expanded its new proton treatment therapy center after a \$20 million donation from Dr. Gary and Tina Mather that helped fund new equipment and facilities. Proton therapy helped Dr. Mather in his fight against cancer, and the Inova Mather Proton Center was named in their honor. In addition to its inception, the Proton Center also treated the first patient with proton therapy in Northern Virginia in March.

Inova Loudoun Hospital

Loudoun

Inova.org, 703-858-6000

Because of the need for extra facilities due to the coronavirus, in April the Inova Loudoun Hospital opened its new North Tower early. The Birthing Inn was opened first, taking up two floors of the new building and providing a NICU center. The

rest of the North Tower opened a few days later, providing the hospital with more beds and private rooms. The sixth and seventh floors are being left vacant for future expansion.

Inova Mount Vernon Hospital

Alexandria

Inova.org, 703-664-7000

For the 12th consecutive time, Mount Vernon has received an A for the Leapfrog Group's Hospital Safety Grade. In addition, the hospital participated in Operation Walk USA, in which their surgeons gave free joint replacements to two patients in need. This program provides free services to people who don't have insurance or government aid. Since its inception, Mount Vernon has provided more than 50

knee and hip replacements to people who couldn't afford them.

John Randolph Medical Center

Hopewell

JohnRandolphMedicalCenter.com, 804-541-1600

The Commission on Cancer awarded the John Randolph Medical Center with a three-year accreditation. John Randolph met 26 of the 27 standards and received commendation for five of them. They also continued their programs at the Wellness Pavilion, a mental health facility. These programs include a partial hospitalization plan in which individuals struggling with their mental health can talk with psychiatrists and other partial patients during the day Monday through Friday.

Sensing Change

Henrico Doctors' Hospital unveils special pediatric ER suite for autistic children.

Imagine an emergency room where the walls are colored soft blue, lights are adjusted by a dimmer switch, and soothing light shows dance on the ceiling. This is the new look of the five-room pediatric ER suite at HCA Virginia Henrico Doctors' Hospital in Richmond, redesigned with autistic children in mind.

"Often children who have autism spectrum disorder have sensory issues. An ER is the worst place in the world for them: It's unfamiliar, it's scary, it's noisy," says Dr. Kevin Connelly, medical director of the Pediatric Emergency Department at the hospital. "Knowing there's a place they can be comfortable, and the staff is trained in working with children with ASD, really helps families." The rooms can be adjusted to the needs of the children, whether they prefer sound or noise-cancelling headphones. LEDs replace fluorescent lights that can irritate some with their buzzing noise. Children can choose weighted blankets, a variety of toys, and either a night sky or an under-the-sea light show. The rooms have minimal hospital equipment. HenricoDoctors.com



Dr. Kevin Connelly





Johnston-Willis Hospital

Richmond

JohnstonWillisMed.com, 804-483-5000

After recently receiving a three-year accreditation from the Commission of Cancer, the Sarah Cannon Cancer Institute at Johnston-Willis Hospital recently received the Outstanding Achievement Award. The hospital also announced a new initiative

that will provide different pain treatments before resorting to the use of opioids. In addition to this initiative, the Alternatives to Opioids (ALTO), the hospital partnered with local law enforcement in their Crush the Crisis program.

Lake Taylor Transitional Care Hospital

Norfolk

LakeTaylor.org, 757-461-5001

Lake Taylor Transitional Care Hospital was certified by Vohra Wound Physicians as a Center of Excellence for Wound Management. Only 10 percent of Vohra's nursing facility partners have qualified for this annual certification. Due to the coronavirus, Lake Taylor instituted a no-visit policy in mid-March. To allow loved ones to see each other, they began offering video chat sessions to the families of patients. Between March 27 and June 6 there were 561 video chats at the hospital.

LewisGale Montgomery Hospital

Blacksburg

LewisGale.com, 540-951-1111

LewisGale Montgomery Hospital recruited 10 new healthcare specialists in 2019, including two family medicine physicians, a family medicine hospitalist, three advanced practice providers, an orthopedic surgeon, an outpatient psychiatrist, and an interventional cardiologist. LewisGale made use of the latter by starting an around-the-clock heart attack program. It is the only such program providing emergency life-saving procedures between Salem and Abingdon in Southwest Virginia.

LewisGale Pulaski Hospital

Pulaski

LewisGale.com, 540-994-8100

The LewisGale Physicians Nurse-Midwives program was formed in January to provide women with a nurse-midwife in the case of a low-risk pregnancy. LewisGale is the only practice locally that provides pregnant women with midwife services and the use of less medical intervention. This project adds three certified nurse midwives to the staff while also marking the beginning of a new renovation project for the Medical Center's labor and delivery unit.

Mary Washington Hospital

Fredericksburg

MaryWashingtonHealthcare.com, 540-741-1100

The Mary Washington Weight Loss Center was opened to provide proven weight loss solutions to patients to improve overall health and quality of life. In addition to this, Mary Washington was also awarded a Victims Services Grant through the Virginia Department of Criminal Justice Services. This two-year grant provides funding to expand the existing Forensic Services Department at the hospital. IBM Watson Health named Mary Washington one of the 50 Top Cardiovascular Hospitals for the second consecutive year.

Parham Doctors' Hospital

Richmond

ParhamDoctors.com, 804-747-5600

Parham Doctors' Hospital is the first in Virginia to offer a new approach that provides relief for patients dealing with chronic pain in the lower back. Dr. Daniel Marin is a spine interventionist who performs the minimally invasive procedure which targets a nerve located in the spine. Marin uses radiofrequency energy or heat to disable the nerve, making it unable to transmit pain signals.

Reston Hospital Center

Reston

RestonHospital.com, 703-689-9000

Reston performed its first blue-light cystoscopy procedure, a new technology that detects invasive bladder cancer. This

makes Reston the first hospital in Northern Virginia to offer this procedure, which uses a blue light to examine the interior of the bladder, making cancer cells glow bright fluorescent pink to be identified. Reston also received verification as a Level II Trauma Center by the American College of Surgeons for a period of three years through 2022.

Retreat Doctors' Hospital

Richmond

RetreatDoctors.com, 804-254-5100

Complex Care is a specialty program on the fifth floor of Retreat Doctors' Hospital that focuses on caring for patients with severe or multiple illnesses or injuries. Using a multidisciplinary approach, board-certified medical and rehabilitation experts work together to tailor a plan that is best suited for a patient's condition. These include services such as brain injury and coma recovery, parenteral nutrition, hyperbaric oxygen, and much more. HCA Virginia's hospitals were also awarded with Healthgrade's 2020 America's 250 Best Hospitals Award.

Riverside Regional Medical Center

Newport News

RiversideOnline.com, 757-594-2000

Riverside was awarded with the College of Healthcare Information Management Executives' 2019 Most Wired recognition. This makes Riverside the only health system in Virginia to earn the Most Wired recognition for 15 straight years. The Most Wired Award is earned following an annual survey that assesses how effectively health care organizations apply technology into their programs to improve health and care services. One of Riverside's key strengths includes its electronic health record system, iCare, which integrates patients' records.

Riverside Walter Reed Hospital

Gloucester

RiversideOnline.com, 804-693-8800

Riverside Health System completed its \$55 million renovation and expansion project of the Walter Reed Hospital in Gloucester after four years. This project marked the most significant construction project at the community hospital since its opening in 1977, according to Riverside CEO Bill Downey. The expansion includes a new two-story Surgical and Inpatient Services and a new main lobby area. The Surgical Services Suite includes multiple operating suites, procedure rooms, and recovery areas.

Banking It

Convalescent blood plasma programs are improving the odds for COVID-19 patients at Bon Secours and other hospitals.

While Intensive Care Unit (ICU) beds were rapidly filling up across the country with COVID-19 patients, health care providers like Dr. C. Lee Bridges were desperate for answers. With a vaccine maybe a year away, "everybody was trying to find ways to take care of these really sick patients—to find cures for the disease and treatments that would help them recover," says Bridges, regional medical director for Bon Secours Richmond.

Then he learned about the Mayo Clinic's national convalescent plasma program. Participating doctors receive blood plasma donated by individuals who have recovered from COVID-19, which they can infuse in patients. The plasma contains antibodies—proteins that can help fight the disease. In April, Bon Secours Hospitals were the first in the Hampton Roads area and one of the first in Richmond, with VCU Medical Center, to join the program.

A recent study of 20,000 patients hospitalized with COVID-19 who received convalescent plasma had a seven-day mortality rate of 8.6 percent and less than 1 percent serious side effects.

BonSecours.com



Bon Secours Memorial Regional Medical Center





Sentara CarePlex Hospital Hampton

Sentara.com, 757-736-1000

In January, Sentara CarePlex Hospital began implementing its new violence prevention program. Careplex, in addition to Sentara Norfolk General Hospital and seven others in Virginia, received a \$400,000 grant to implement programs to break the cycle of violence and help victims receive long-term treatment. CarePlex also introduced its new Food Pharmacy program that offers healthy food options for patients recently diagnosed with congestive heart failure. This program includes weekly workshops for patients aged 50 and up.

Sentara Leigh Hospital Norfolk

Sentara.com, 757-621-6000

In February, Sentara Leigh Hospital Emergency Center launched an 18-month expansion project. With a price tag of \$14 million, the expansion will add more beds, rooms, and overall space for the increasing number of emergency patients. Of all 12 Sentara Hospitals, the Sentara Leigh Emergency Center has the highest annual patient volume. The project includes the Sentara Cancer Center, which faces Virginia Beach Boulevard and opened on June 18.

Sentara Norfolk General Hospital

Norfolk

Sentara.com, 757-388-3000

This February, Sentara Norfolk became the first hospital in Hampton Roads to offer a newly approved radioactive targeted therapy to kill cancer cells with Lutathera, a drug approved by the FDA in 2018. Sentara Healthcare and the Virginia Department of General Services' Division of Consolidated Laboratory Services recently partnered to achieve the first fully operational method to order blood screens for newborns and return results electronically, resulting in much quicker medical interventions for newborns.

Sentara Northern Virginia Medical Center

Woodbridge

Sentara.com, 703-523-1000

The Diabetes & Nutrition Management Services program at Sentara Northern Virginia Medical Center, a hub for diabetes education, nutrition management ses-

Conquer the Unknown

Supporting loved ones with memory loss.

Riverside Walter Reed Hospital now offers a free online educational video course to help those who care for a loved one with Alzheimer's or other memory impairments. Led by Dr. Christine Jensen of Riverside's Center for Excellence in Aging and Lifelong Health (CEALH), the goal of "Caring for You: Mind, Body and Soul" is to provide family caregivers an opportunity to learn new skills and tools to increase their self care and confidence as a caregiver.

The 10 lessons (including topics ranging from body mechanics and sleep patterns to coping with loss and grief, frustration as well as guilt and fear) are delivered online and in quick video bursts. By keeping each video at 10 minutes or less, participants can quickly absorb and apply the concepts in their daily lives. Participants can register at Learning.VirginiaNavigator.org or call Riverside Senior Care Navigation at 888-597-0828.



Dr. Christine Jensen;
from online video course.



CAREGIVER SUPPORT

What helps you cope with these emotions?



sions and support groups, has been accredited by the Association of Diabetes Care & Education Specialists for its high level of quality and service to the community. In May, the hospital also opened a Healing Garden, a space for reflection and relaxation, thanks to the donations of local resident Doris Mae Greene, who passed away in 2017.

Sentara Obici Hospital Suffolk

Sentara.com, 757-934-4000

In February, Sentara Obici launched a 21-month, \$13-million expansion and modernization of its emergency department. The project will add 7,000 square feet of space and increase the number of treatment spaces from 23 to 37, as well as enhance patient privacy by replacing curtains with doors in patient rooms. The hospital also plans to build an additional safe space in the department for those with behavioral health needs.

Sentara RMH Medical Center

Harrisonburg

Sentara.com, 540-689-1000

The Hahn Cancer Center at Sentara RMH installed new cancer treatment technology in late 2019. The Varian TrueBeam® Radiotherapy System is a state-of-the-art linear accelerator that delivers radiation quickly and with a high degree of precision and accuracy, allowing the hospital to treat cancer patients more safely and comfortably, with better outcome. The

Hahn Cancer Center provides more than 7,000 radiation treatments each year, ranging from 25 to 45 per day.

Sheltering Arms Physical Rehabilitation Hospital

Mechanicsville

ShelteringArms.com, 804-764-1000

In collaboration with VCU Health, Sheltering Arms held a virtual ribbon cutting ceremony for their brand new 114-bed rehabilitation facility Sheltering Arms Institute in June. The facility is the only hospital in central Virginia constructed specifically for physical rehabilitation, with private patient rooms, five specialty units, four gyms, research space, and more. The hospital comprises 212,063 square feet in total, with its main gym coming in at 9,251 square feet.

Southside Regional Medical Center

Petersburg

SRMCOOnline.com, 804-765-5000

In October of 2018 and 2019, Southside Regional offered \$99 3D mammogram screenings in honor of Breast Cancer Awareness Month, at the lower end of a procedure that can cost up to \$400 or more. Also in 2019, Southside Regional opened its new Women's Health and Cancer Center, the only full-service facility of its kind between Richmond and North Carolina. The building includes departments for Breast Health, Women's Imaging, OBGYN, Gynecologic Oncology, and Radiation & Medical Oncology.

Sovah Health Martinsville

Martinsville

MartinsvilleHospital.com, 276-666-7200

In January, Sovah Health Martinsville introduced new robotic-assisted total joint replacement technology with the help of an investment by LifePoint Health of just under \$1 million. The surgical team has since performed 18 procedures using the new technology. The American College of Cardiology recently awarded Sovah Health with Cardiac Cath Lab Accreditation with PCI (percutaneous coronary intervention, or coronary angioplasty), recognizing the hospital staff's ability to evaluate, diagnose, and treat patients who come to the cardiac cath lab.

Spotsylvania Regional Medical Center

Fredericksburg

SpotsRMC.com, 540-498-4000

Spotsylvania Regional Medical Center in 2019 officially opened its Obstetrics Emergency Department, a facility specifically dedicated to women who are expecting and in need of urgent care. The hospital also launched an OB Hospitalist program, in partnership with OB Hospitalist Group, LLC, ensuring that specialty trained physicians are onsite around the clock. The OB Emergency Department can be accessed through the hospital's existing Emergency Department.



Stone Springs Hospital Center

Dulles

StoneSpringsHospital.com, 571-349-4000

Last year, orthopedic surgeon and director of the Total Joint Program Dr. James Reeves performed Stone Springs Hospital Center's first-ever outpatient total knee replacement surgery which did not require an extended or overnight stay for the patient. Also in 2019, the hospital opened its Level II NICU, with five beds and advanced equipment for newborn care, which offers support for babies with issues ranging from jaundice to not being strong enough to feed on their own.

University of Virginia Children's Hospital

Charlottesville

Childrens.UVAHealth.com, 434-243-5500

A therapeutic, interactive playroom with a Lewis & Clark theme, the UVA Children's Hospital Explorer Playroom is now open on the fourth floor of the hospital's Battle Building, giving pediatric patients a place to play, learn, and stimulate their healing. Additionally, to help patients stay connected, the hospital has installed AngelEye technology in its NICU, allowing families to

livestream their child's every movement via phone, computer, or tablet.

University of Virginia Medical Center

Charlottesville

UVAHealth.com, 434-924-0000

The FDA has approved an artificial pancreas system based on technology from the UVA Center for Diabetes Technology that monitors and regulates blood glucose levels automatically. Additionally, the UVA Cancer Center has begun a new initiative to reduce rates of cervical cancer in Southwest Virginia, and UVA School of Medicine student Greg Medlock recently received a Grand Challenges Explorations grant, allowing him and other researchers to grow and study gut microbes, in the hopes of eventually creating custom blends to benefit patients.

VCU Health Community Memorial Hospital

La Crosse

VCUHealth.org, 434-447-3151

The VCU Health Hub officially opened in November of 2019 and offers health screenings and counseling for East End residents, as well as space for community events, fitness activities, and educational programs. All programs at the Health Hub are free. VCU School of Pharmacy assistant Prof. Dr. Guizhi Zhu has designed a prototype of a mailable patch that could be used to deliver coronavirus vaccines, which would reduce the need for people to travel to healthcare centers.

VCU Health Massey Cancer Center

Richmond

Massey.VCU.edu, 804-828-0450

With YESCARTA, a brand-name drug to treat non-Hodgkin lymphoma, made from

a patient's own white blood cells, Massey Cancer Center became the first in Virginia to offer CAR T-cell therapy to adult cancer patients. In partnership with the Children's Hospital of Richmond, the hospital is now offering this new therapy to children and young adults up to 25 years old through the use of KYMRIAHA, a drug made from a patient's own T-cells. Plus, in December 2019, the hospital appointed a new director, Dr. Robert Winn, following Dr. Gordon Ginder's 22-year stint.

VCU Medical Center

Richmond

VCUHealth.org, 804-828-9000

VCU Health's Emergency Center at New Kent officially opened its doors on June 1, after a delay due to the coronavirus pandemic. The \$16-million, 17,000-square-foot facility offers round-the-clock, board-certified emergency medicine physicians, emergency-trained registered nurses, laboratory services, and integrated technology. The freestanding emergency center has all of the same capabilities as a regular emergency department.

Virginia Hospital Center

Arlington

VirginiaHospitalCenter.com, 703-558-5000

In 2019, the Virginia Hospital Center began work on a new Outpatient Pavilion and parking structure, marking the hospital's first major expansion since 2004. While construction is still underway, the Outpatient Pavilion will provide patients direct, easy access to treatment areas from their arrival at the parking garage. In February, Senior Vice President & Chief Medical Officer Dr. Jeffrey DiLisi received an "Imagine a Virginia" Senior Leader Quality and Patient Safety Award from the Virginia Hospital and Healthcare Association (VHHA).

Winchester Medical Center

Winchester

ValleyHealthLink.com, 540-536-8000

Earlier this year, Winchester Medical Center became the first hospital in the state to be designated a Care Continuum Center of Excellence (CCE) by the GO2 Foundation for Lung Cancer, while the interventional pulmonology team introduced a new ION system to perform the hospital's first robotic-assisted bronchoscopy. WMC also opened a new 28-bed Neuroscience and Orthopedics unit, in addition to a new Heart & Vascular Center that brings cardiology and surgical providers under one roof.

Wythe County Community Hospital

Wytheville

WCCH.org, 276-228-0200

In 2019, the Wythe Wound & Hyperbaric Medicine Center received a Center of Distinction Award by Healogics®, recognizing the facility's accomplishments in patient satisfaction and wound healing rates. For 12 consecutive months, the center achieved patient satisfaction levels higher than 92 percent, and a minimum wound healing rate of at least 92 percent within 28 median days. The hospital's leading edge treatments include negative pressure wound therapy, bio-engineered tissues, biosynthetic dressings, and hyperbaric oxygen therapy.

Clear Favorite

UVA recognized as one of the top allergy centers in the U.S. by FARE.

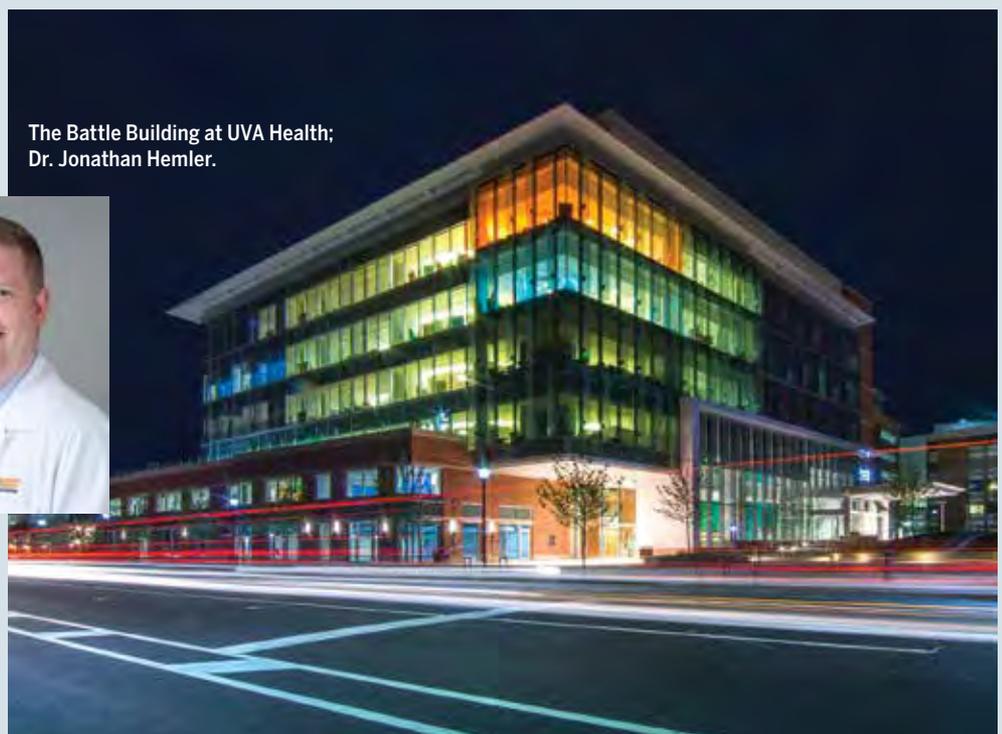
In June, the University of Virginia was the only hospital in Virginia named to the national Food Allergy Research & Education [FARE] network. UVA's selection as one of only 10 top tier, "Discovery Centers of Distinction" in the U.S. will allow its adult and pediatric food allergy programs to greatly expand their research capabilities.

"FARE is the leading food allergy research organization. It's a nonprofit that really advocates for patients," says Dr. Jonathan Hemler, director of UVA's pediatric food allergy program. UVA treats about 1,000 food allergy patients each year. The center's innovative patient care includes food challenges—a medically supervised test in which food is eaten slowly, in gradually increasing amounts, to accurately diagnose or rule out an allergy.

At UVA, Hemler works on several collaborative efforts, including a therapy using antibodies from patients with severe food allergies. He hopes the antibodies will one day help prevent allergic reactions. UVAHealth.com, FoodAllergy.org



The Battle Building at UVA Health; Dr. Jonathan Hemler.



Care by Specialty

When it comes to high-tech surgery or top-notch cancer programs, Virginia hospitals have it all. Check out this extensive list of specialties to find the care you need in the right places.



BARIATRICS

Bon Secours DePaul Medical Center, NORFOLK
Bon Secours Mary Immaculate Hospital, NEWPORT NEWS
Sentara Northern Virginia Medical Center, WOODBRIDGE

BEHAVIORAL HEALTH

Chippenham Hospital, RICHMOND
John Randolph Medical Center, HOPEWELL
LewisGale Pulaski Hospital, PULASKI

CANCER (ONCOLOGY)

Augusta Health, FISHERSVILLE
Bon Secours DePaul Medical Center, NORFOLK
Bon Secours Memorial Regional Medical Center, MECHANICSVILLE
Bon Secours St. Francis Medical Center, MIDLOTHIAN
Chesapeake Regional Medical Center, CHESAPEAKE
Fauquier Hospital, WARRENTON
Henrico Doctors' Hospital, RICHMOND
Inova Alexandria Hospital, ALEXANDRIA
Inova Fairfax Hospital, FALLS CHURCH
Johnston-Willis Hospital, RICHMOND
LewisGale Pulaski Hospital, PULASKI
Riverside Regional Medical Center, NEWPORT NEWS
Riverside Walter Reed Hospital, GLOUCESTER
Sentara CarePlex Hospital, HAMPTON
Sentara Norfolk General Hospital, NORFOLK
Sentara Northern Virginia Medical Center, WOODBRIDGE
Sovah Health Martinsville, MARTINSVILLE
University of Virginia Medical Center, CHARLOTTESVILLE
VCU Health Community Memorial Hospital, LA CROSSE
VCU Health Massey Cancer Center, RICHMOND

CARDIOLOGY/ PULMONARY/STROKE

Augusta Health, FISHERSVILLE
Bon Secours Maryview Medical Center, PORTSMOUTH
Bon Secours Memorial Regional Medical Center, MECHANICSVILLE

Bon Secours St. Mary's Hospital, RICHMOND
Bon Secours St. Francis Medical Center, MIDLOTHIAN
Chesapeake Regional Medical Center, CHESAPEAKE
Chippenham Hospital, RICHMOND
Fauquier Hospital, WARRENTON
Henrico Doctors' Hospital, RICHMOND
Inova Alexandria Hospital, ALEXANDRIA
Mary Washington Hospital, FREDERICKSBURG
Riverside Regional Medical Center, NEWPORT NEWS
Sentara CarePlex Hospital, HAMPTON
Sentara Norfolk General Hospital, NORFOLK
Sentara Northern Virginia Medical Center, WOODBRIDGE
Southside Regional Medical Center, PETERSBURG
Sentara RMH Medical Center, HARRISONBURG
Sovah Health Martinsville, MARTINSVILLE
VCU Health Community Memorial Hospital, LA CROSSE
VCU Medical Center, RICHMOND
Virginia Hospital Center, WARREN
Winchester Medical Center, WINCHESTER

EMERGENCY SERVICES

Bon Secours St. Francis Medical Center, MIDLOTHIAN
Chippenham Hospital, RICHMOND
Inova Fairfax Hospital, FALLS CHURCH
Inova Loudoun Hospital, LOUDOUN
Reston Hospital Center, RESTON
Sentara Norfolk General Hospital, NORFOLK
Sovah Health Martinsville, MARTINSVILLE
Spotsylvania Regional Medical Center, FREDERICKSBURG

HEARTBURN

Wythe County Community Hospital, WYTHEVILLE

NEPHROLOGY

Bon Secours Mary Immaculate Hospital, NEWPORT NEWS

NEUROLOGY

Bon Secours St. Francis Medical Center, MIDLOTHIAN

Henrico Doctors' Hospital, RICHMOND
Johnston-Willis Hospital, RICHMOND
Riverside Regional Medical Center, NEWPORT NEWS
Sentara CarePlex Hospital, HAMPTON
Sentara Martha Jefferson Hospital, CHARLOTTESVILLE
Sentara Norfolk General Hospital, NORFOLK
University of Virginia Medical Center, CHARLOTTESVILLE
VCU Medical Center, RICHMOND
Winchester Medical Center, WINCHESTER

ORTHOPEDICS

Bon Secours Mary Immaculate Hospital, NEWPORT NEWS
Bon Secours Maryview Medical Center, PORTSMOUTH
Bon Secours Memorial Regional Medical Center, MECHANICSVILLE
Bon Secours St. Francis Medical Center, MIDLOTHIAN
Chippenham Hospital, RICHMOND
Fauquier Hospital, WARRENTON
Henrico Doctors' Hospital, RICHMOND
Inova Loudoun Hospital, LOUDOUN
Mary Washington Hospital, FREDERICKSBURG
Parham Doctors' Hospital, RICHMOND
Riverside Regional Medical Center, NEWPORT NEWS
Riverside Walter Reed Hospital, GLOUCESTER
Sentara CarePlex Hospital, HAMPTON
Sentara Leigh Hospital, NORFOLK
Sentara Martha Jefferson Hospital, CHARLOTTESVILLE
Sentara RMH Medical Center, HARRISONBURG
Sovah Health Martinsville, MARTINSVILLE

PEDIATRIC MEDICINE

Bon Secours St. Mary's Hospital, RICHMOND
Carilion Children's Hospital, ROANOKE
Children's Hospital of the King's Daughters, NORFOLK
Chippenham Hospital, RICHMOND
Inova Loudoun Hospital, LOUDOUN
University of Virginia Children's Hospital, CHARLOTTESVILLE
Children's Hospital of Richmond at VCU, RICHMOND

PREVENTION

Inova Alexandria Hospital, ALEXANDRIA
Sentara Obici Hospital, SUFFOLK
VCU Medical Center, RICHMOND
Winchester Medical Center, WINCHESTER

REHABILITATION

Lake Taylor Transitional Care Hospital, NORFOLK
Sentara Obici Hospital, SUFFOLK
Sheltering Arms Physical Rehabilitation Hospital, MECHANICSVILLE

SURGERY

Augusta Health, FISHERSVILLE
Bon Secours Maryview Medical Center, PORTSMOUTH
Bon Secours Memorial Regional Medical Center, MECHANICSVILLE
Bon Secours St. Francis Medical Center, MIDLOTHIAN

LewisGale Montgomery Hospital, BLACKSBURG
Inova Alexandria Hospital, ALEXANDRIA
Inova Fairfax Hospital, FALLS CHURCH
Reston Hospital Center, RESTON
Riverside Walter Reed Hospital, GLOUCESTER
Sentara Northern Virginia Medical Center, WOODBRIDGE
Southside Regional Medical Center, PETERSBURG
Spotsylvania Regional Medical Center, FREDERICKSBURG
University of Virginia Children's Hospital, CHARLOTTESVILLE
University of Virginia Medical Center, CHARLOTTESVILLE
Winchester Medical Center, WINCHESTER

TRANSPLANTATION

Henrico Doctors' Hospital, RICHMOND
Inova Fairfax Hospital, FALLS CHURCH
University of Virginia Medical Center, CHARLOTTESVILLE
VCU Health Massey Cancer Center, RICHMOND
VCU Medical Center, RICHMOND

UROLOGY

Retreat Doctors' Hospital, RICHMOND
Wythe County Community Hospital, WYTHEVILLE

WOMEN'S HEALTH

Bon Secours DePaul Medical Center, NORFOLK
Bon Secours Mary Immaculate Hospital, NEWPORT NEWS
Bon Secours Memorial Regional Medical Center, MECHANICSVILLE
Bon Secours St. Mary's Hospital, RICHMOND
Bon Secours St. Francis Medical Center, MIDLOTHIAN
Chesapeake Regional Medical Center, CHESAPEAKE
Fauquier Hospital, WARRENTON
Henrico Doctors' Hospital, RICHMOND
Inova Alexandria Hospital, ALEXANDRIA
Inova Fairfax Hospital, FALLS CHURCH
Inova Loudoun Hospital, LOUDOUN
Johnston-Willis Hospital, RICHMOND
Reston Hospital Center, RESTON
Sentara CarePlex Hospital, HAMPTON
Sentara Obici Hospital, SUFFOLK
Southside Regional Medical Center, PETERSBURG
Spotsylvania Regional Medical Center, FREDERICKSBURG
VCU Health Community Memorial Hospital, LA CROSSE
VCU Medical Center, RICHMOND

WOUND CARE

Sentara Leigh Hospital, NORFOLK
Wythe County Community Hospital, WYTHEVILLE

